

Enseigner La Pédiatrie élémentaire aux professeurs des écoles

PROMOTING THE HEALTH OF CHILDREN AND ADULTS BY PRIMARY SCHOOL TEACHER

Juan Brines*, Cecilia Martinez-Costa* and Francisco Núñez**.
Department of Pediatrics, Obstetrics and Gynecology. University of
Valencia.

*Professor of Pediatrics. ** Associate Professor of Pediatrics.

Programme de Valence

- The distribution of the theoretical and practical educational activities includes
- 20 units of two hours (90/30 mins per unit) to which 67 non-contact hours are added for tutoring, team and individual work, and a variable number of hours for workshops and updating information. There is a common virtual platform for the entire University (<http://aulavirtual.uv.es>)
- The experience gained in the last 6 academic years has been valued by students and teachers as very positive. Two facts have been considered restrictive: The low number of hours and the location of teaching in the first course, when students are less aware of the crucial importance of children health and their subsequent impact on the adult one.

Proposition Pédiatres

- 1- Expérience d'enseignement local des Pédiatres bordelais à l'ESPE en présentiel ou a distance
- 2- Expérience dans 2 régions de France (Bordeaux et Clermont-Ferrand)
- Programme National et
- E-Learning Pédiatrique avec l'aide de l'équipe Pr Salamon Français, Anglais, Espagnol, Portugais

Prevenir Les Maladies Chroniques de L'adulte

- More than 60 % (36 million) on the global of 60 million deaths/year, and for about 10 million, premature deaths (< 60 yrs.). Death distribution according each group of NCDs range about 30 % for cardiovascular diseases, 13 % for cancer, 7 % chronic respiratory diseases, and 2% for diabetes.

Health and its problems in the curriculum of the Faculty of School Teachers,

- Training is provided in the first course of the degree in the Faculty of School Teachers with 4.5 ECTS credits allotted and it is developed on eight blocks of subjects:
- **FIRST BLOCK:** The teaching begins with an exhibition of the biological cycle of human being with his four classic stages:
 - 1. Initial, unicellular period (zygote), in which the genome is defined.
 - 2. Period of development, in which genetic information is materialized from environmental materials and in strict connection with it. This period includes two subperiods, the intrauterine and the extrauterine one, with infancy, childhood and adolescence.
 - 3. Period of adulthood, or biological fullness and capabilities psychological and social.
 - 4. Period of decline or old age, or decline that ends with death.

Suite

- **SECOND BLOCK:** Nutrition and its importance to the health of children and their influence on the adult.
- **THIRD BLOCK:** Physical exercise and sport.
- **FOURTH BLOCK:** Basic information on the major diseases of children especially those affecting the school.
- **SECTION FIVE:** Main diseases of adults.
- **SECTION SIX:** Accidents and poisoning.
- **BLOCK SEVEN:** Preventing toxic habits (Smoking, alcohol and illegal drugs).
- **EIGHTH BLOCK:** First aid and basic guidelines for cardiopulmonary resuscitation.
- **Psychosocial troubles**

Site de l'Association de l'Enseignement de la Pédiatrie en Europe (AEEP)

- Aller faire un tour sur le site de l'AEEP
- <http://www.aEEP.asso.fr>